# Device Implantation: Which Device, and How?

Elizabeth A. Stephenson, MD, MSc, CEPS Associate Professor of Pediatrics University of Toronto The Hospital for Sick Children Toronto







### **No Disclosures**



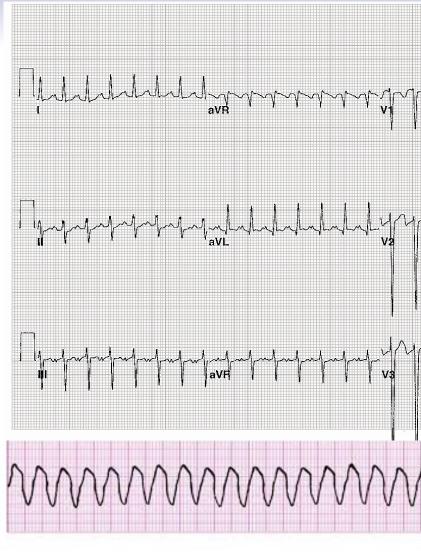






# Arrhythmia Management

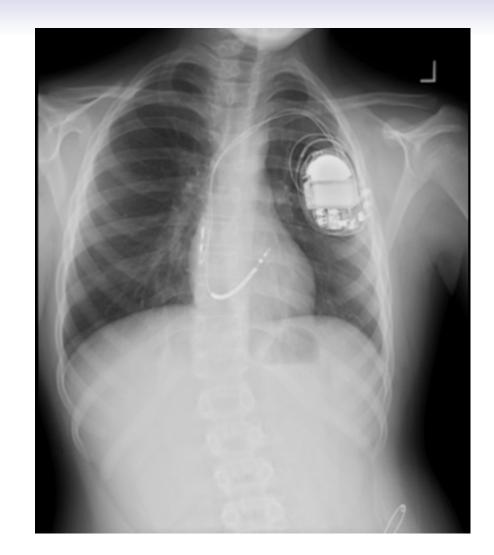
- Both atrial and ventricular arrhythmias seen in CHD
  - Myocardial scarring and stretching secondary to volume and pressure loads
  - Incisional scars allow macro-reentrant circuits



# **Typical Transvenous ICD**

 Extensive experience in implantation technique

Reliable

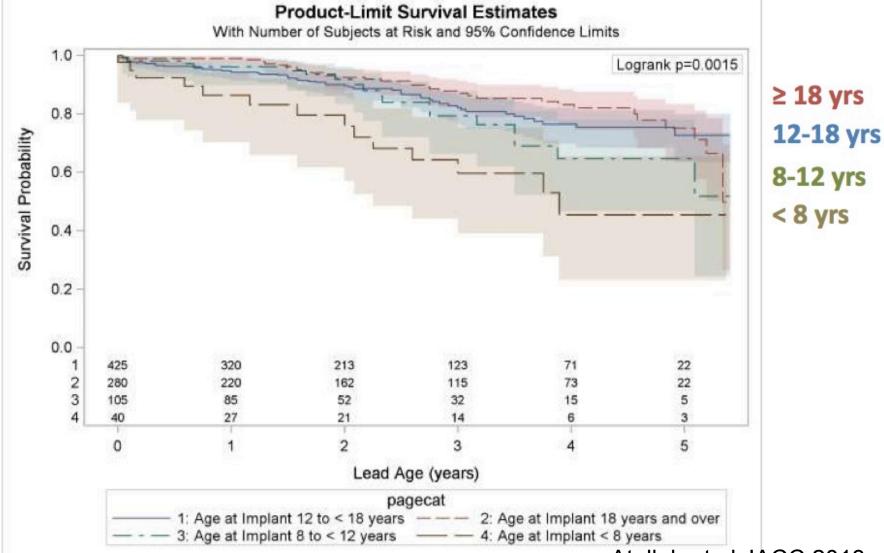




# **Conventional ICDs**

- Transvenous Coils
  - Risk of venous occlusion
  - Risk of embolic phenomena (intracardiac shunt)
  - Lead failure
  - Infectious risk
- Use of transvenous ICD implantation may be limited secondary to:
  - Patient size
  - Venous anatomy/Venous Capacitance
  - Cardiac anatomy

### **Risk of Therapy**

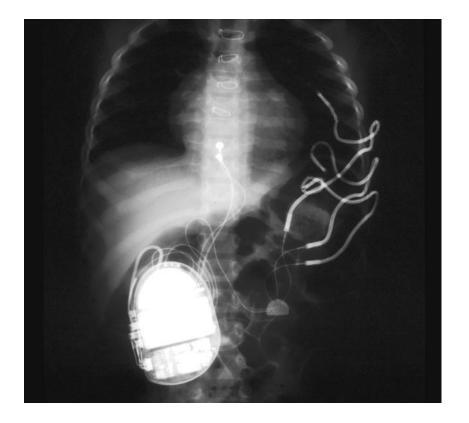


Atallah et al JACC 2013



# **Extracardiac Configurations**

- Configurations for the high voltage coil:
  - Subcutaneous array (1-3 fingers)
  - Tranvenous design ICD lead on epicardium
- Ventricular pace-sense leads:
  - Epicardial
  - Transvenous



Stephenson et al, JCE 2006



# Multicenter Study of Novel ICD Configurations

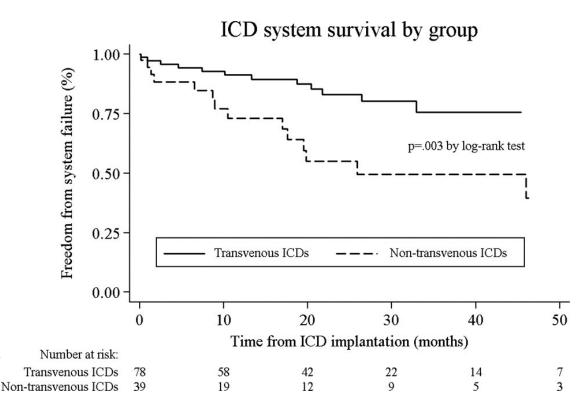
- 14 pts underwent ICD implant for VT/cardiac arrest:
  - mean age of 7.7 yrs (range 4 months-27.6 yrs),
  - mean weight of 25.3 kg (7-70 kg).
- Diagnoses included:
  - Complex CHD (6)
  - Intracardiac tumor (1)
  - Hypertrophic cardiomyopathy (1)
  - Dilated cardiomyopathy (1)
  - Idiopathic VT (4)
  - Long QT syndrome (1)



### System Survival in Nontransvenous ICD Configurations

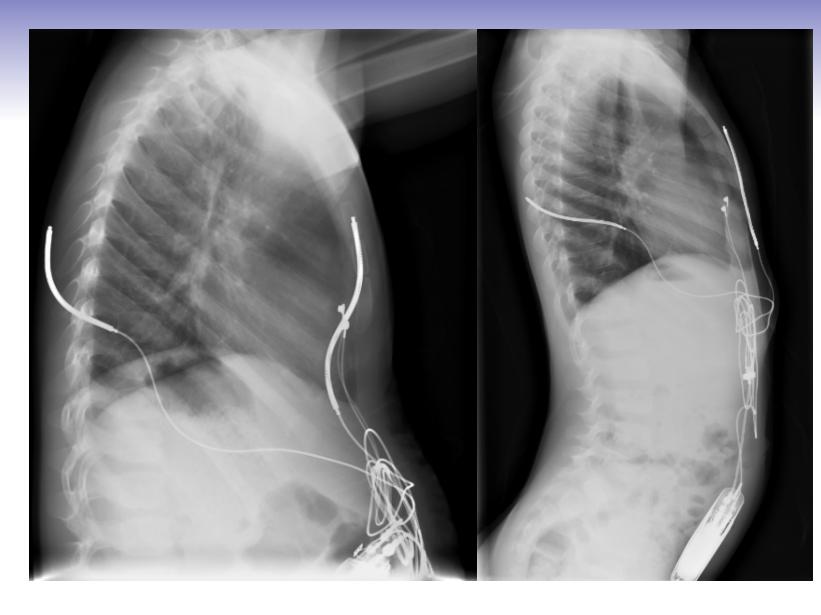
# Comparison of NonTV and TV ICD implants

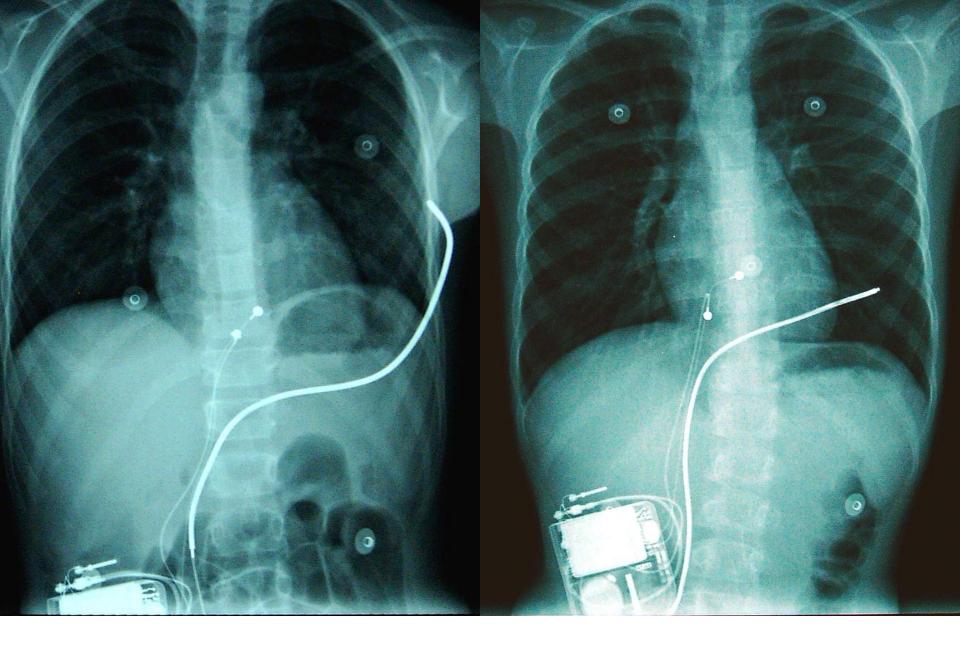
- Rate of total unanticipated interventions:
  - NTV group was 18 per 1,000 personmonths
  - TV group was 6 per 1000 personmonths



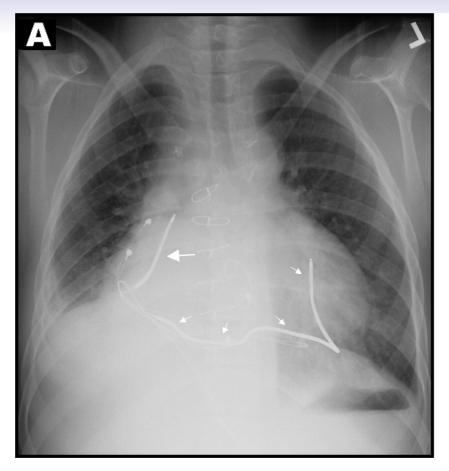
Radbill et al, Heart Rhythm 2010

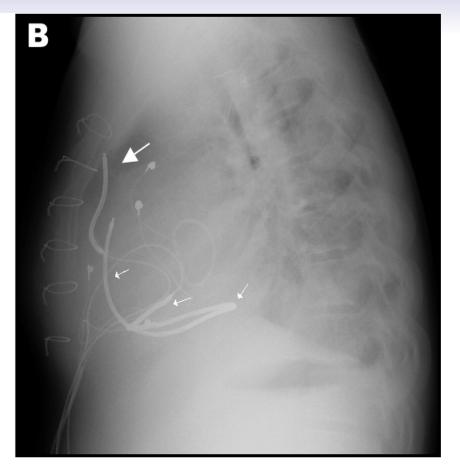






### Epicardial ICD system in pt with Fontan Circulation



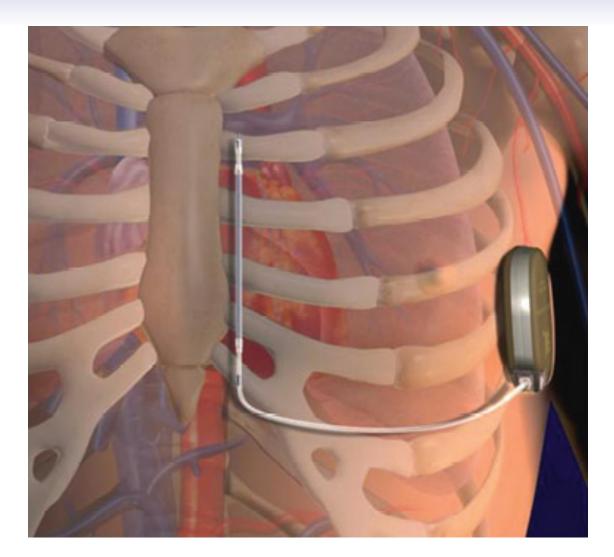




Copyright © American Heart Association, Inc. All rights reserved.

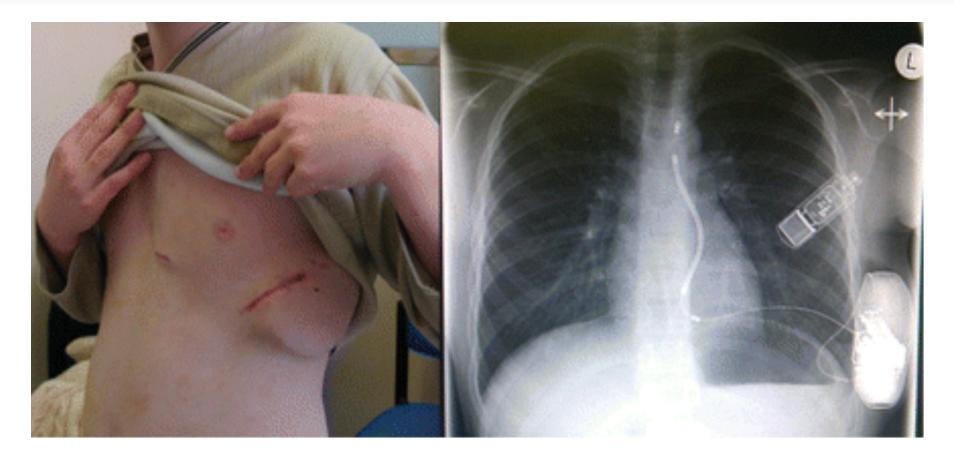




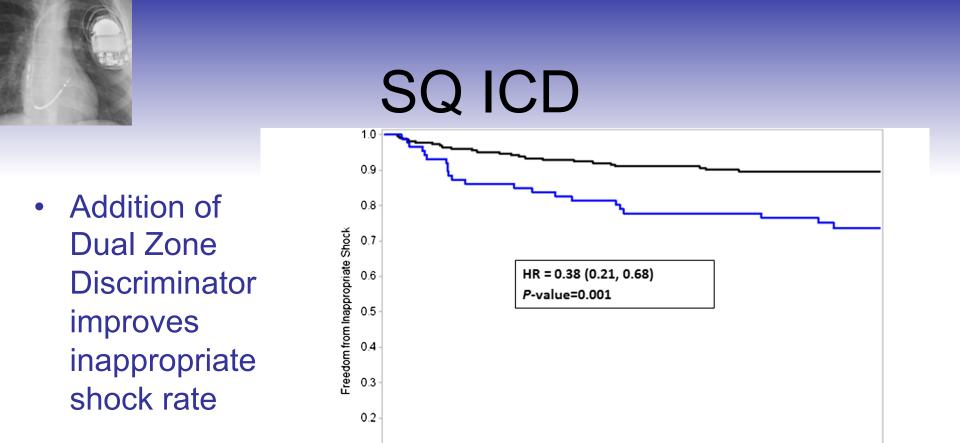




# Subcutaneous ICD in Child (32 kg)

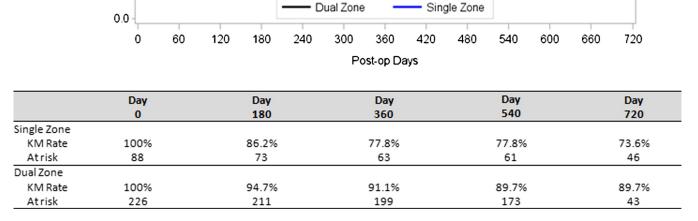


Jarman, et alEur Heart J. 2012;33(11):1351-1359



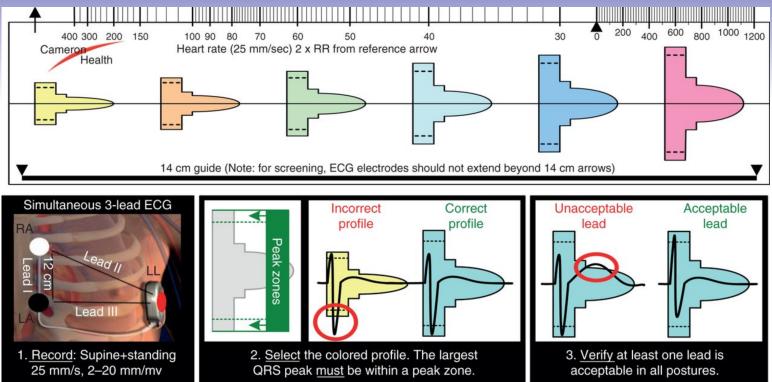
0.1

 Choose appropriate patients



#### Gold et al, Heart Rhythm 2014

## Screening in S-ICD



Sensitivity and Specificity of Screening:

- Sensitivity is worse in ACHD vs controls (84 vs 96%)
- Specificity is limited in both at 79%
- TOF particularly poor

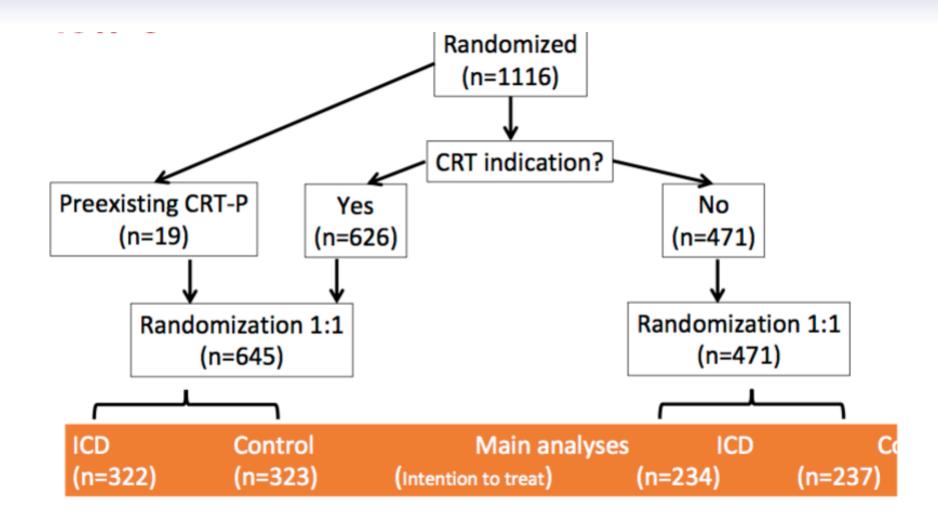
Zeb et al, IJC 2015



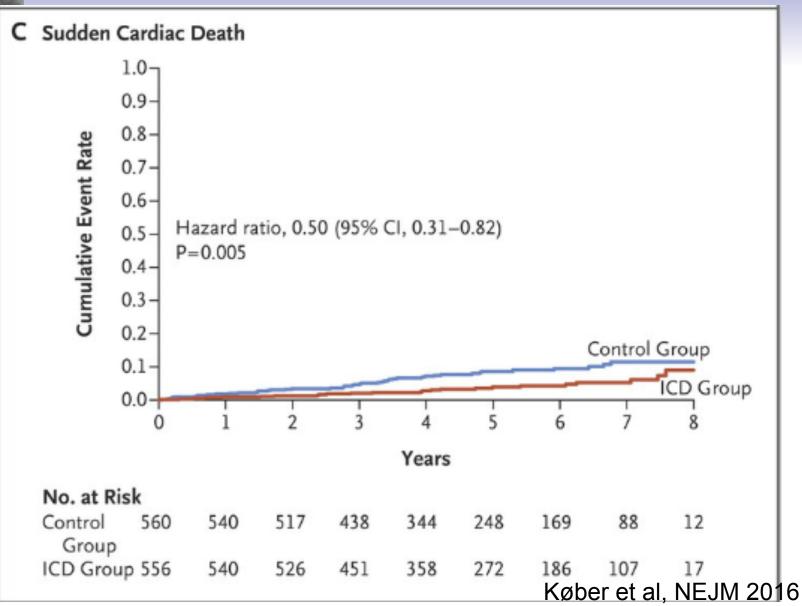
### Arrhythmia Management – Sudden Death Risk

- Study which looked at risk factors for sudden cardiac death in ACHD patients
  - 19% of death was sudden
  - Multivariate analysis revealed
    - SVT OR of 3.5 (1.5-7.95) p = 0.004
    - QRS duration (per 10 ms increase) OR 1.22 (1.1-1.34) p = 0.008
    - Moderate to severely impaired systemic V function OR of 3.4 (1.1-10.43) p = 0.03

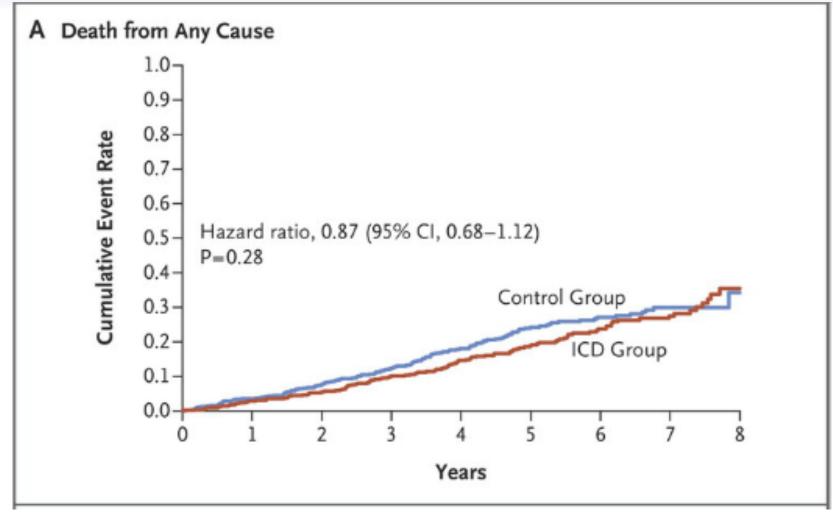
### New Data - DANISH



### ICDs reduce SCD



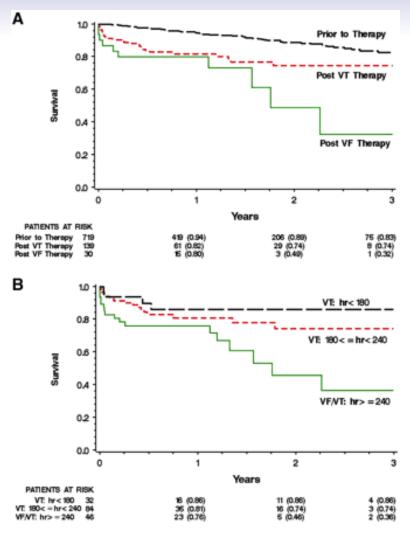
# ... but not mortality



Køber et al, NEJM 2016

### ICD Therapy- All shocks are bad

- Moss and colleagues raised the question of whether ICD shocks would increase mortality
  - Reviewed MADIT-II data of 720 patients with an ICD
  - HR of 3.4 (1.9-5.9) p < 0.001</li>
    with an appropriate shock
- Poole and colleagues looked at patients in SCD-HeFT and examined 829 patients
  - Appropriate discharges had a HR of 5.68 (3.97-8.12) p < 0.001
  - Inappropriate discharges had a HR of 1.98 (1.29-3.05)p= 0.002



Moss Circ 2004 Poole N Eng J Med 2008

# ICD therapy- All shocks are bad

- Several strategies employed to decrease ICD discharge rate
  - High-rate cute off programming
    - 365 adult patients with mean EF of 25%
    - Only 6.6% inappropriate shocks
- Longer detection Intervals
  - Randomized study of 65 patients
  - 17.6 discharges/year vs. 2.9 discharges/year
- Important to keep in consideration when programming ICD therapies in young



# **Careful Risk Stratification**

- ICDs are highly effective but carry a high morbidity
- Our task is to identify those who need the protection of an ICD...

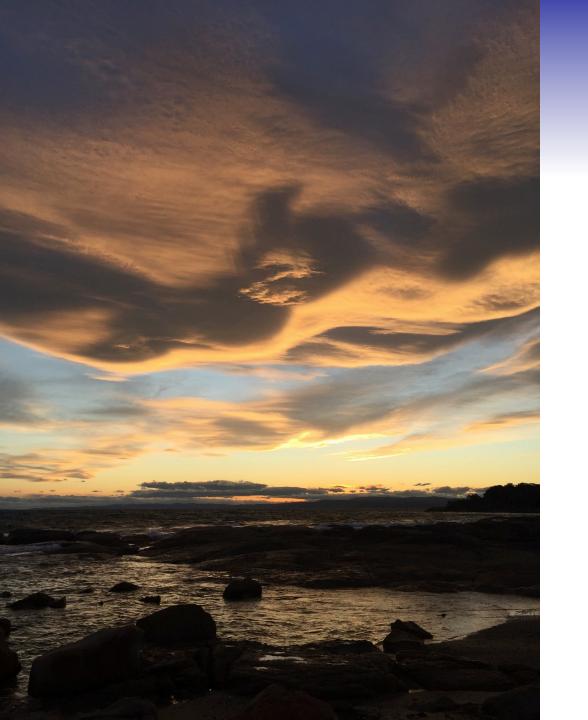
And those who are safer without one



• TV:

# ICDs in ACHD: Individualize!

- vascular access and no shunts
- Extracardiac:
  - no access or have intracardiac shunts
  - require pacing (brady or CRT) or will benefit from ATP
- SQ ICD:
  - Large enough
  - No need for brady pacing (?)
  - No need for ATP
  - No need for CRT
  - No access or have intracardiac shunts
  - Acceptable QRS and T waves



### Thank You